Job Title	Family Wellness Worker
Organization	Zaag'idiwin Ngodoodegizwin Dibendaagizwin Naaknigewin
Reports To	Director of Minogi'aawaso
Salary Range	$83,670 annually
Location	Southampton, Ontario N0H 2L0
Job Type	Full-Time

About Zaag'idiwin Ngodoodegizwin Dibendaagizwin Naaknigewin Inc.

Zaag'idiwin is a newly established organization dedicated to promoting the wellbeing of Saugeen First Nation children and families and building capacity to operationalize Saugeen's child wellbeing law, Zaag'idiwin. Saugeen children and families are at the core of who we are – they are our most valuable resource. We believe it is our collective responsibility as Saugeen to care for one another.

Position Overview

The Family Wellness Worker provides culturally grounded, community-based support to families and individuals, promoting holistic wellbeing and healing. Rooted in the values of love, respect, courage, honesty, wisdom, humility, and truth, the Family Wellness Worker supports families through prevention, advocacy, crisis intervention, and referral services.

The role focuses on strengthening family relationships, building capacity, supporting mental health and wellness, and connecting families with both traditional and mainstream resources.

Key Responsibilities

Develop and Implement Cultural Resources for the Organization

- Incorporate community wellness strategy goals, with the overall objective to facilitate a holistic approach in supporting families.
- Provide culturally safe and trauma-informed support to children, youth, parents, and families.
- Promote family centered programming to support community-based, culturally appropriate, holistic, and innovative approaches toward ending violence and facilitating healing, and wellness of individuals, families, and community.
- Engage families in the development of a wellness plan.
- Conduct wellness assessments and create individualized family wellness plans.
- Offer guidance and support to families navigating challenging life circumstances (e.g.: grief, parenting, mental health, addiction)
- Support culturally based healing practices, such as smudging, talking circles, ceremonies, and connection with Elders and Knowledge Keepers.
- Facilitate workshops, parenting programs, and peer support groups.

- Advocate for families when accessing services such as education, health care, or housing.
- Coordinate referrals to appropriate internal and external services.
- Maintain confidential, accurate case notes and report documentation.
- Participate in team meetings, case conferencing, and community events.
- Participate in all Zaag'idiwin wellness gatherings.
- Participate in and support program evaluations.
- Participate as a member of the community emergency response team.
- Do needs assessments for the development of an annual work plan and set priorities for a comprehensive Family Wellbeing Strategy.
- Monitor and evaluate progress and adapt plans as required.
- Prepare clear, concise, and accurate monthly reports.
- Develop, implement, and/or coordinate a variety of mental health-related healing activities.
- Critically analyze, monitor, and evaluate programs and activities.
- Building trusting, long-term relationships with community.
- Other duties as assigned to support the operational success of Zaag'idiwin Chil and Family Services.

Qualifications

- Diploma or degree in Social Work, Child and Youth Work, Indigenous Wellness and Addictions Prevention, or a related field.
- Minimum of two (2) year's experience working with families or in a community wellness.
- Deep understanding of Indigenous cultures, traditions, values, and community dynamics – particularly those of Saugeen First Nation.
- Strong knowledge of trauma-informed, strengths-based, and culturally relevant approaches to healing and wellness.
- Experience supporting clients with mental health, substance use, domestic violence, and intergenerational trauma.
- Strong interpersonal and communication skills, with the ability to engage people of all ages.
- Ability to work collaboratively with Elders, Knowledge Keepers, staff, and community members.
- Ability to maintain cultural sensitivity and confidentiality.
- Willingness to work flexible hours, including evenings and weekends, to support cultural events.
- Valid driver's license and access to reliable transportation.
- First Aid/CPR certification
- Criminal Reference/Vulnerable Sector Check required

Equal Opportunity & Preference

Zaag'idiwin promotes equal employment opportunities. Preference will be given to candidates who identify as Indigenous, particularly those who are members of Saugeen First Nation, in alignment with the needs of the communities we serve.

How to Apply

Interested candidates are invited to submit their ***resume and cover letter***, in Word or PDF, to careers@zaagidiwin.ca.

Please include “Family Wellness Worker – [Your Name]” in the subject line.

Applications will be accepted **until 4:00 p.m. Friday, October 30, 2026**.

Zaag'idiwin Ngodoodegizwin Dibendaagizwin Naaknigewin
9 Village Road
Southampton, Ontario N0H 2L0