

OCTOBER 2026

SAUGEEN NEWS

BINA AKWI-GIIZIS | FALLING LEAVES MOON



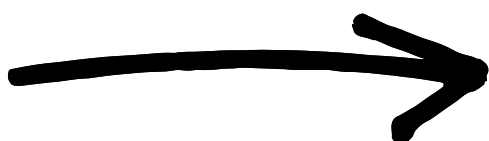
The Saugeen news is published under the direction of Saugeen Band Council,
6 Cameron Dr. Southampton, Ontario, N0H 2L0
For free distribution to members of the Saugeen Band.





FROM THE CHIEF'S DESK

READ THE UPDATES NOW



Chief, Councillors (9), & Council Clerk

6 Cameron Dr., Southampton, ON, N0H 2L0

Telephone: 519.797.2781 ext. 1103 – Council Clerk/Executive Assistant

Fax: 519.797.2978

The governing body of SFN consists of one (1) Chief and nine (9) Councillors.

Chief and Council members are elected every 2 years.

The Chief and Council are responsible for the sustainability of SFN, it's Aboriginal and Treaty Rights, advance and protect the cultural identity of SFN, working towards the education, economic development, health, social status, and equality of life for SFN members, overseeing responsible management and development, meet the current and future needs of SFN, ensuring that all decisions that are made and implemented are done so in the best interest of SFN and its members, and maintaining all accountability to SFN and its members.

Current Chief & Council for 2026-2028 Term

Chief Sonya Roote

Councillor Randall Kahgee

Councillor Warren John

Councillor Lester Anoquot

Councillor Anthony Owl

Councillor Dwayne Nashkawa

Councillor Conrad Ritchie

Councillor Letitia Thompson

Councillor Fay Roote

Councillor Trudy Jacobs

Council Clerk – Leona Roote

COMMUNITY DEPUTATION DAYS

5:00–7:00PM
COUNCIL CHAMBERS
6 CAMERON DR.

JANUARY 21ST
FEBRAURY 18TH
MARCH 18TH
APRIL 15TH

MAY 27TH
JUNE 17TH
JULY 15TH
AUGUST 19TH

SEPTEMBER 16TH
OCTOBER 21ST
NOVEMBER 18TH
DECEMBER 16TH

Community Deputation days will be structured as an open forum.

Please remember that respectful conduct is expected from everyone. Any form of misbehaviour will be addressed immediately and will not be tolerated. Each person will have 10 minutes to present to Chief & Council.

CONTACT

LEONA.ROOTE@SAUGEEN.ORG
519-797-2781 EXT. 1103

*light snacks & refreshments will be provided



SAUGEEN MEMBERSHIP

can help with the following:

- **UPDATING YOUR CONTACT INFORMATION**
- **REGISTERING NEWBORN WITH THE PROVINCE OF ONTARIO**
- **ORDERING BIRTH, MARRIAGE, DIVORCE, OR DEATH CERTIFICATES**
- **APPLYING FOR A PASSPORT**
- **REPLACING LOST HEALTH CARDS,**
- **NOTARIZED DOCUMENTS OR STAMP**
- **NEED POWER OF ATTORNEY FORMS (PERSONAL OR FINANCIAL)**

OFFICE HOURS: MONDAY –
WEDNESDAY 9:00 a.m. – 4:30 p.m.

CLOSED THURSDAY'S

Chi-Miigwech and Baa Maapii,



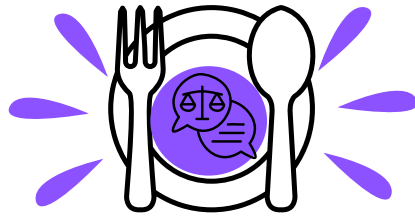
Kimberly Roote

*Saugeen Membership Administrator
6 Cameron Dr., Southampton, ON N0H 2L0
kim.roote@saugeen.org
519-797-2781, ext. 1122*

SAUGEEN MEMBERSHIP DEPARTMENT IS HOSTING:



3 PT. DINNER & LEARN SERIES WITH THE ELDER LAW PROJECT



WHEN:

FROM 5PM-7PM



DATE

&

TOPIC:

October 7th – Powers of Attorney

October 14th – Wills

**October 21st – Estates administration
on reserve**



WHERE:

**Governance Building 6 Cameron Drive,
Saugeen**



**TO REGISTER VISIT THE SAUGEEN WEBSITE
UNDER THE "BAND MEMBERSHIP AND INDIAN REGISTRY
ADMINISTRATOR" TAB
SCROLL DOWN TO THE CLICKABLE LINK TITLED
" DINNER & LEARN REGISTRATIONS"**

OR SCAN THE QR CODE

SFN MEMBERSHIP & REGISTRATION DEPT.

Register for your 10-digit STATUS number (Registration), with our Membership services! From Saugeen's Membership to any Nation in respect to Indigenous Services Canada, and Crow-Indigenous Relations & Northern Affairs Canada, we've got you covered!

Contact the department today:

(519) 797-2781, ext. 1122

kim.roote@saugeen.org

WHAT WE OFFER:

Help with registering a new born

Laminated Status card

White Secure Status Card

Amend your Registry Page by:

Register your Marriage or Divorce

Adding missing parent information

Apply for Registration S-3 application



Canada



Indigenous Services
Canada

Services aux Autochtones
Canada

IT'S ALMOST TIME SAUGEEN



**2026 Annual
Christmas
Distribution**



TIME TO UPDATE current
address, phone number
and banking info **before**
than OCTOBER 31th, 2026!



Contact Membership Department:

Kimberly Roote

kim.roote@saugeen.org

(519) 797-2781, ext.1122

What does a status card look like?

What you need to know as a service provider or retailer when accepting proof of registration under the *Indian Act*.

Federally-issued documents to prove registration:

Secure Certificate of Indian Status (**SCIS**)

Certificate of Indian Status (**CIS**)

Temporary Confirmation of Registration Document (**TCRD**)



Even if the proof of registration is past the renewal date, the holder remains registered and retains the rights and benefits of a registered person.

SECURE CERTIFICATE OF INDIAN STATUS (SCIS)

(also known as the secure status card)

Currently issued SCIS



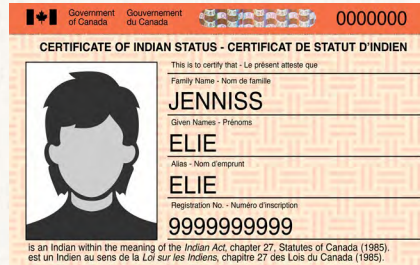
Previously issued SCIS



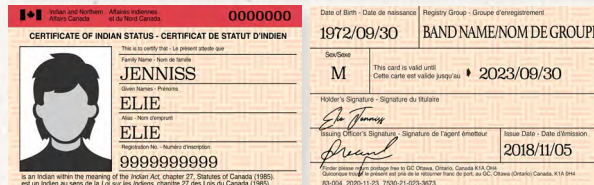
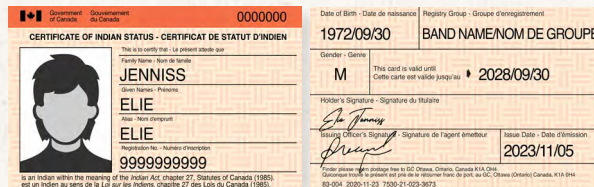
CERTIFICATE OF INDIAN STATUS (CIS)

(also known as the paper-laminated status card)

Currently issued CIS



Previously issued CIS

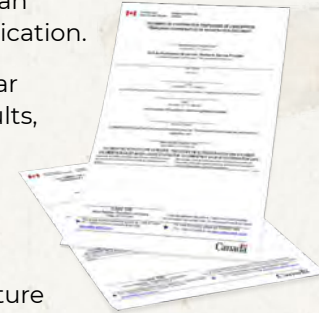


TEMPORARY CONFIRMATION OF REGISTRATION DOCUMENT (TCRD)

You can accept the Temporary Confirmation of Registration Document (TCRD), and may request an additional piece of identification.

A TCRD is valid for one year for adults, dependent adults, and children.

To verify the authenticity of a TCRD, you need an original to look for the embossed seal and signature at the bottom of the document.



IF YOU'RE NOT SURE ABOUT THE VALIDITY OF AN SCIS, CIS OR TCRD, WE CAN HELP

For the **SCIS**, call the automated verification service at **1-877-VALIDE8 (1-877-825-4338)**, available 24/7. You will receive an immediate response.

For the **CIS** or **TCRD**, contact Indigenous Services Canada at **1-800-567-9604, option 6**. This service is available Monday to Friday, from 9 AM to 6 PM (Eastern Time).

You can also send your name, the name of the service provider or retailer and phone number by email and we will call you back during business hours: **sc_mc@sac-isc.gc.ca**.

If you're not sure if the document is valid, return it to the client and ask them to contact their First Nations office or Indigenous Services Canada by calling **1-800-567-9604** or by visiting a regional office.

To order copies of this brochure, contact us: **sc_mc@sac-isc.gc.ca**

SCAN THIS QR CODE

To find out what else you need to know as a service provider or retailer



For more information on status card validity



For more information on TCRDs



For more information on GST/HST and First Nations peoples



Winter Wear Application

Keep our children warm this winter!

Applications submitted to:

Melissa Kahgee Ritchie

for children ages

0 – 12

Jimelda Johnson

for children ages

13 – 17

Applications will be
available at:

-  Governance Building
-  Recreation Centre
-  Health Centre
-  Youth Centre

Online applications
available with

QR Code



WINTER WEAR PROGRAM

APPLICATION FORM

Eligible children/youth can be reimbursed **up to \$300 per child** toward the purchase of approved winter wear.

CHILD INFORMATION

Child's Full Name: _____

Birthdate (D/M/Y): _____

Status Number: _____

Address:

Parent/Guardian Name:

Contact Number:

APPROVED WINTER WEAR

Please check the items purchased:

☐ **Coat**

☐ **Snow Pants**

☐ **Hat / Toque**

☐ **Mittens / Gloves**

☐ **Boots**

Maximum reimbursement: \$300 per child

RECEIPTS & REIMBURSEMENT

Receipts are required for reimbursement.

Please submit receipts along with the completed application. Reimbursement is available for the approved winter wear items listed above, up to a maximum of **\$300 per child**.

Total Amount Requested: \$_____

APPLICATION SUBMISSION *only 1 submission per child*

Children ages 0–12:

Applications and receipts are to be submitted to:

Melissa Kahgee Ritchie

melissa.kahgee@saugeen.org

519-797-2781 ext: 1109

Children ages 13–17:

Applications and receipts are to be submitted to:

Jimelda Johnston

jimelda.johnston@saugeen.org

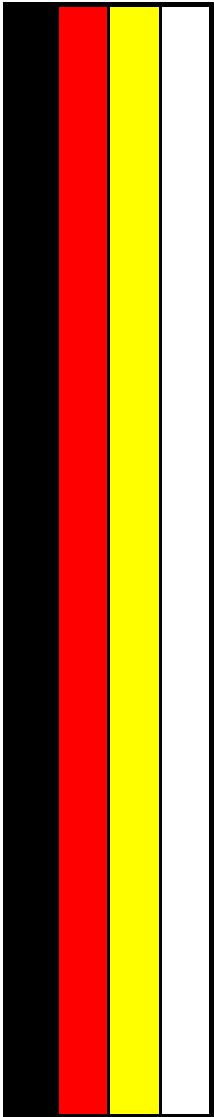
519-797-2781 ext: 1138

PARENT / GUARDIAN DECLARATION

I confirm that the information provided on this application is accurate and that the winter wear purchased is for the child named above. I understand that receipts are required for reimbursement and that reimbursement is limited to approved winter wear items, up to **\$300 per child**.

Parent/Guardian Signature:

Date: _____



Saugeen First Nation - Remembrance Day 2026

November 11, 2026

10:00 am - Gather at the Fire Hall

10:30 am - Parade to Veterans Monument in front of Governance

Ceremony begins once Processional arrives at Veterans Monument

Refreshments to follow at James Mason Recreation Centre

Saugeen Education Department
Remembrance Day Service
Tender for Catering

Date: Wednesday, November 11, 2026

Contact: Saugeen Education Department
Janice Mason at 519-797-2781 Ext 1120
janice.mason@saugeen.org

Application Deadline: Friday, October 30, 2026

Please include: Name
 Contact number
 Email
 Tender amount
 Menu

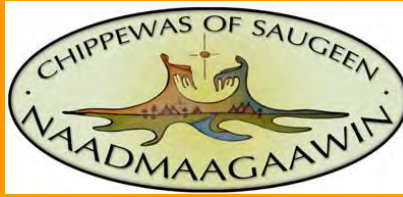
We are looking for a light menu of Soup & Scone, Dessert, and Hot & Cold Beverages.

Catering for approximately 75 people.

Set up & food service to be ready by 11:15 am.

Must have current Safe Food Handlers Certificate & submit it with Tender.

October



2026

Saugeen Ontario Works



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2 Duluth Day/ Office Closed	3
4	5	6 Mandatory Information Session 1:30pm	7 Professional Development  10am – 3pm	8 ODSP in Office- 10am-2:30pm	9	10
11	12 Office Closed/ Thanksgiving	13 Good Food Box 11:30am - 1pm	14	15	16 Income Statements/ Job Search DUE	17
18	19	20	21	22 ODSP In Office- 10am-2:30pm	23	24
25	26 Late Income Statements/ Job Searches DUE	27	28	29	30 Legal Aid 1-3pm	31



Saugeen Ontario Works Mandatory Information Session

Check your mail!

A Mandatory Information

*Session letter has been sent out to those
requiring this session.*

*Please note this is mandatory, and clients must
attend.*

*The Information Session covers services, benefits,
programming, and demonstrates accurate
reporting.*

***IMPORTANT NOTE: IF YOU MISS THIS SCHEDULED INFO
SESSION DATE, YOU ARE AT RISK OF BEING PUT ON HOLD.***

Date: Tuesday Oct 6th, 2026

Time: 1:30 pm

Location: 6470 Hwy 21





Ontario

ONTARIO DISABILITY SUPPORT PROGRAM

*ODSP Caseworker – Caryolyn Byers,
visits Saugeen First Nation to meet
with clients closer to home.*

Call Saugeen Ontario Works to book an
appointment
(519) 797-1613

Location: Ontario Works Building - 6470
Hwy 21, Southampton ON

In Office: Oct 8 & 22th

10am–2:30pm

Grey
Bruce
Community
Legal
Clinic

945 3rd Ave East
Suite #2
Owen Sound, ON
N4K 2K8

TEL
519-370-2200

TOLL FREE
1-877-832-1435

FAX
519-370-2110

WEB
gblegalclinic.com

FREE LEGAL ADVICE

519-370-2200

Please drop in or give us a call to book an
appointment if you require legal advice.

Location: Ontario Works Building –Saugeen First
Nation Between 1-3pm on the last Friday of the
month

Topics we can help with:

- Ontario Disability Support
 - Ontario Works
 - Off Reserve Housing
 - Human Rights
 - Canada Pension Plan
- Old Age Security/Guaranteed Income Supplement
- First Nations Claim Forms
- Wills and POA

Do you have Health & Safety Issues in your home?



Are you having trouble with plumbing or electrical issues



This Photo by Unknown Author is licensed under CC

Is your roof leaking or windows and doors broken



Are you considered a low-income family

Do you make less than:

1 person \$20,225.00

2 people \$25,178.00

3 people \$ 30,953.00

4 people \$ 37,582.00

5 people \$ 42,624.00

6 people \$ 48,074.00

7 people \$ 53,523.00

You may qualify for free health and safety home improvements.

Please call Saugeen's Ontario Works office now for a free home inspection

519-797-1613



PD DAY EVENT!

**CALLING ALL REPTILE
LOVERS!**

REPTILE PETTING ZOO

Featuring Rural Reptiles



LOCATION

**James Mason
Recreation Centre**



TIME

**1:00 PM -
4:00 PM**



DATE

**October 16th
2026**

**COME SEE, LEARN ABOUT &
INTERACT WITH THE REPTILES**

ALL ARE WELCOME!

**CONTACT EMPLOYMENT & TRAINING
519-797-1224**

Email employment@saugeen.org or
training.assistant@saugeen.org





NEWSLETTER

Counselling Services Update

Our free counselling services are available to community members every other Tuesday, and we are currently welcoming new clients!

We've worked to make our counselling space feel comfortable and welcoming, with fidget toys, aromatherapy, a noise-cancelling machine, and traditional medicines available. For those who would prefer not to visit the shelter, virtual counselling is also available from the comfort of home.

Whether it's for yourself or someone you know, support is available. Reach out to learn more or book an appointment.



Anti-Human Trafficking Conference

On September 15, members of our team travelled to Ottawa for Aboriginal Shelters of Ontario's Anti-Human Trafficking Conference. Through presentations from the OPP, FBI, Canadian Border Services Agency, and Jo-Joe Van Hooser, staff had the opportunity to deepen their understanding of human trafficking, its warning signs, and its impacts.

The day was both educational and deeply moving, leaving our team with an even stronger desire to bring awareness and action home to our community. We look forward to sharing more as we begin developing a local anti-human trafficking initiative.





Overdose Awareness Day

On August 31, our shelter joined the Wellness Centre in hosting an Overdose Awareness event to bring our community together to remember those we have lost, support those who continue to struggle with substance misuse, and reflect on the impact it has had on our community.

We would like to thank everyone who came out to listen, reflect, and remember alongside us. A special thank you to Chief Sonya Roote, who joined us and shared heartfelt words about her own family's experiences. Having leadership that understands the impact substance misuse has had on our families and community gives us hope for meaningful change and a healthier future.

The day also included a sacred fire tended by Traditional Healer Jan Ritchie, rock painting, lunch, an opportunity to write a letter to a loved one who has passed, and NORS swag for attendees to take home.

Thank you to everyone who helped make this gathering a meaningful space for remembrance, connection, and hope.



Counselling Services Available

Kabaeshiwim Respite Women's Shelter is now offering counselling sessions with a registered social worker from Counselling Bruce County



Counselling sessions are now offered every other Tuesday.

Available Timeslots:
9:30 AM | 10:45 AM | 12:00 PM
1:15 PM | 2:30 PM

In-person or virtual

To request an appointment,
please contact the Outreach
Coordinator at:

julia.galant@saugeen.org
OR
519-353-8847

**KABAESHIWIM
RESPITE**



Office: 519-797-2521
24 Christine Street,
Southampton, ON N0H 2L0





2025/2026 ANNUAL REPORT

VIEW REPORT HERE





We can help with:

- Health
- Eye Care
- Rx
- Support for Family
- Dental
- Medical Travel

Get Now

Saugeen Member Health Support Fund

Contact Us:  health.fund@saugeen.org  519-797-2781 ext. 1104

INFRASTRUCTURE DEPARTMENT

SERVICE REQUEST & COMPLAINT SYSTEM

WORKING TOGETHER FOR A CLEANER, SAFER AND STRONGER COMMUNITY



IMPORTANT ANNOUNCEMENT

The Infrastructure Department is launching a new service request and complaint system for all departments within the Infrastructure portfolio.

This new system will help us better receive, track, respond to and resolve your requests and concerns, and improve the overall delivery of services to the community.

WHICH SERVICES ARE INCLUDED?

You can submit a service request or complaint for the following departments:



ROADS AND PUBLIC WORKS

- Road maintenance
- Potholes
- Drainage
- Other public works concerns



MAINTENANCE

- Building and facility maintenance
- Repairs
- General maintenance requests
- Other maintenance concerns



WASTE MANAGEMENT

- Garbage collection
- Recycling
- Waste collection issues
- Other waste-related concerns



WATER DEPARTMENT

- Water service issues
- Water interruptions
- Leaks
- Pressure concerns
- Other water-related matters

HOW TO SUBMIT A REQUEST OR COMPLAINT

Please contact the Infrastructure Administrative Assistant using one of the following methods:



Phone
519-797-3934



Email
stephanie.roote@saugeen.org



In Person
You may also visit the administrative office to submit your request.

WHAT HAPPENS NEXT?

1



Your request or complaint is received and entered into our system.

2



It is directed to the appropriate department for action.

3



It is tracked until the service or complaint is resolved.

4



If you feel the service provided was unsatisfactory, please contact us again so it can be reviewed, investigated and resolved.



PLEASE DO NOT CONTACT INDIVIDUAL DEPARTMENT MANAGERS

Service requests or complaints made directly to department managers may not be entered into the tracking system and may not receive the appropriate follow-up.



EMERGENCY SERVICES

This new process does **NOT** apply to Fire and Emergency Services. For emergencies, please continue to use the dedicated emergency contact numbers that have already been provided to the community.



HELP SPREAD THE WORD

Please share this information with family members, neighbours, elders and other community members so everyone is aware of the new process.

Your Requests. Our Commitment. A Stronger Community.



CLEANER
COMMUNITY



BETTER
SERVICE



GREATER
ACCOUNTABILITY



A BRIGHTER
FUTURE

Infrastructure Department Launches New Service Request & Complaint System

Improving service delivery, communication, accountability and response times

The Infrastructure Department is pleased to announce the launch of a new Service Request and Complaint System for community members.

This new system is being introduced as part of our ongoing efforts to improve service delivery, communication, accountability, and response times across the Infrastructure Department. It will provide a centralized process for receiving, assigning, tracking, and resolving community service requests and concerns.

What Services Are Covered?

- **Roads and Public Works** – road maintenance, potholes, drainage, and other public works concerns
- **Maintenance** – building, facility, and general maintenance requests
- **Waste Management** – garbage, recycling, waste collection, and other waste-related concerns
- **Water Department** – water service issues, interruptions, leaks, pressure concerns, and other water-related matters

How to Submit a Request or Complaint

Community members are encouraged to use the following dedicated contact methods:

Phone: 519-797-3934

Email: stephanie.roote@saugeen.org

In Person: Community members may also visit the administrative office to submit a request or concern.

What Happens After You Submit a Request?

Every service request or complaint received through the dedicated channels will be entered into the Infrastructure Department's service request system and directed to the appropriate department for action.

The request will then be tracked from the time it is received until it is resolved. This will allow the Infrastructure Department to monitor outstanding requests, follow up with the responsible department, and identify recurring service issues within the community.

If a community member feels that a request has not been adequately addressed or that the service provided was unsatisfactory, they are encouraged to contact us again using the same dedicated channels. The matter will be reviewed and, where necessary, investigated and followed up.

Why Are We Introducing This System?

- Ensure requests are properly recorded and assigned;
- Track requests through to completion;
- Improve accountability and follow-up;
- Better coordinate the work of our departments;
- Identify recurring community concerns and service needs; and
- Improve the efficiency and timeliness of service delivery.

Please Use the Dedicated Contact

To ensure that your request or complaint receives the appropriate attention and follow-up, community members are asked not to contact individual department managers directly for service requests or complaints.

Department managers are responsible for managing their respective operations, and requests made directly to them may not be entered into the centralized tracking system. As a result, the request may not receive the same level of tracking and follow-up.

If you need a service, have a concern, or wish to lodge a complaint, please use the dedicated contact information above. This will ensure that your request is properly recorded, assigned, tracked, and followed through to resolution.

Emergency Services

This new process applies to the Infrastructure departments identified above. Fire and Emergency Services are not included in this process.

For emergencies, community members should continue to use the dedicated emergency contact numbers that have previously been provided.

Working Together to Improve Our Community

The Infrastructure Department is committed to continuously improving how services are delivered to the community. This new system is an important step toward creating a more organized, transparent, accountable, and responsive service process.

We encourage all community members to follow this process and to share this information with family members, neighbours, Elders, and other community members so that everyone is aware of how to submit a service request or complaint.

Your concerns matter. Your requests will be heard, tracked, and followed through.

INFRASTRUCTURE DEPARTMENT

Working Together for a Cleaner, Safer and Stronger Community



HEALTHY BABIES, HEALTHY CHILDREN
& HOME & COMMUNITY CARE

GOAT FARM FIELD TRIP!

TUESDAY • OCTOBER 6
10 AM - 12



FARM ON THE LAKE

170404 Centre Rd, Georgian Bluffs, ON N0H 2T0

Inside The Barn Tour (1 hour)

- Play & bottle feed baby goats (Subject to availability)
- Goat husbandry education
- Hands on with daily chores

Goat Mountain & Kid Village (Stay until we close for the day)

- One bale free
- Play with kid goats inside a safe fenced enclosure
- Feed momma goats along the fence line

BUS LEAVES AT 9 AM

from the Health Centre & Elders Building

Light Lunch will be provided

NEED A RIDE?
519-797-3792

RSVP

Krista Busch • krista.busch@saugeen.org 519-385-5242

Erin Lily • erin.lily@saugeen.org 519-374-9976

Human Trafficking Awareness

Community Town Hall



Wednesday, October 21st 2026

6:00 PM - 9:00 PM

Doors open at 5:30 PM



**Saugeen First Nation
James Mason Rec Centre**

**47 French Bay Rd,
Southampton, ON**



- **Speakers**
- **Trade Expo**
- **Door Prizes**
- **Dinner Served at 5:30pm**

Join us for an evening of learning how Human Trafficking affects our community, families & youth. Hear from police and lived experience stories from guest speakers

What's going on this month

OCTOBER



Community events,
classes and healthy
living supports

DATES TO KNOW

OCT 6 **Goat Farm Field Trip** With the Elders
10 AM Hosted by the Home & Community Care and Healthy Babies Programs. RSVP Erin or Krista

OCT 14 **Diabetic Cooking Class**
12-2 PM Open to anyone who wants to learn to cook and eat healthier. Call Jen or Wendy to register — only 10 spots open @ Youth Centre

OCT 15 **Mom & Baby Group - Cold & Flu Season**
1-3 pm RSV, cold and flu immunization information session with ISC nurses for your little ones. Youth Centre

OCT 16 & 30 **Walking Group**
1-2 PM At the Rec Centre with Brittany (OT) and Wendy.

OCT 21 **Human Trafficking Awareness Night**
5:30-9 PM James Mason Rec Centre
Dinner at 5:30 PM • Presentations at 6 PM
For more information call Jen or Tiffany.

OCT 29 **Halloween Party** With the Elders
11 AM-1 PM Join in the Halloween fun with your littles at the elders building from 11-2 - Hosted by the Home & Community Care and Healthy Babies Programs. RSVP Erin or Krista

PROGRAMS + SUPPORTS

**Healthy Babies
Healthy Children**

ALL MONTH

**Thanksgiving +
Fall crafts**

Join us throughout October
at Mom & Baby Group.

GYM MEMBERSHIPS

3-month memberships for
Pryde Aquatic Centre and
other qualifying gyms are
available to eligible
Diabetic patients.

**Call Wendy to set up
your registration.**

BLOOD WORK

Bloodwork Lab is available
Monday – Friday
9 am – 1 pm
To all Community Members
Please bring your Lab Req. or
have it faxed to 1-866-694-2494

QUESTIONS OR REGISTRATION?

519-797-3792

JEN ext. 1011

WENDY ext. 1005

KRISTA ext. 1021

ERIN 519 374 9976

LUNCH & LEARN

Medication Review

Presented by Kristen's Pharmacy

TUESDAY

**OCTOBER 20, 2026
11 am – 1 pm**

ELDERS BUILDING

**RSVP Erin Lilly
519-374-9976
erin.lilly@saugeen.org**

Wendy Gregory RN BScN

Chronic Disease Management Nurse

47 Mason Drive • Southampton, Ontario • N0H 2P0

519-797-3336 ext 1005

wendy.gregory@saugeen.org



ALL WELCOME



**HOME & COMMUNITY
CARE PROGRAM**

October 2026



Mino Bimaadsawin Health Centre

47 Mason Drive, R.R. 1

Southampton, ON

NOH 2LO

Phone: 519-797-3792 | Fax: 519-797-1328

MO N	TUE	WE D	TH U	ERI	SAT	SUN
			1 Bloodwork 9-1 No Walk-in Clinic	2 DELUTH TREATY DAY CLOSED	3	4
5 Bloodwork 9-1	6 Bloodwork 9-1 Kelsey Young Dr. Horsfall	7 Bloodwork 9-1 Kelsey Young	8 Bloodwork 9-1 Kelsey Young Dr. Horsfall	9 Bloodwork 9-1 Kelsey Young Probation	10	11
12  closed for Thanksgiving Day!	13 Bloodwork 9-1 Kelsey Young Dr. Horsfall	14 Bloodwork 9-1 Kelsey Young	15 Bloodwork 9-1 Kelsey Young Dr. Horsfall	16 Bloodwork 9-1 Probation No Walk-in Clinic	17	18
19 Bloodwork 9-1 Dr. Horsfall	20 Bloodwork 9-1 Kelsey Young	21 Bloodwork 9-1 Kelsey Young Human Trafficking Awareness night 3-9 At Rec centre	22 Bloodwork 9-1 Kelsey Young Dr. Horsfall	23 Bloodwork 9-1 Kelsey Young Probation	24	25
26 Bloodwork 9-1 Dr. Horsfall	27 Bloodwork 9-1 Kelsey Young	28 Bloodwork 9-1 Kelsey Young	29 Bloodwork 9-1 Kelsey Young Dr. Horsfall	30 Bloodwork 9-1 Kelsey Young Probation	31 HALLOWEEN 	

October 2026

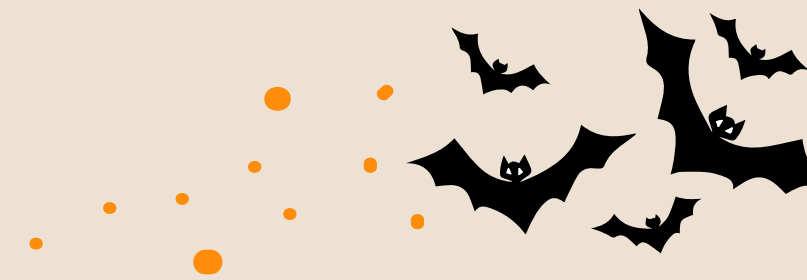
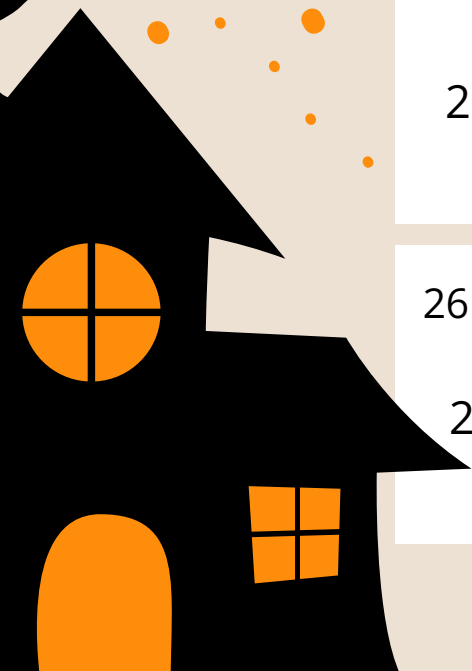
Home & Community Care Program



2026

For questions or to arrange transportation, Please contact:
Erin Lilly
Community Support Services Coordinator
Phone: 519-374-9976, Email: erin.lilly@saugeen.org

Monday	Tuesday	Wednesday	Thursday	Friday
			Exercise & Lunch 11 am - 1 pm	No Program Holiday Duluth Declaration
Exercise & Lunch 11 am - 1 pm	Goat Farm Field Trip! 10 am - 12 pm 8:30 am Pick Up	Craft with Rain 11 am - 1 pm	Good Food Box Exercise & Lunch 11 am - 1 pm	Shopping 8:30 am - 11:30 pm
No Program Holiday Thanksgiving	Shopping 10 am - 3 pm	Craft with Rain 11 am - 1 pm	Exercise & Lunch 11 am - 1 pm	Indoor Games 11 am - 1 pm
Exercise & Lunch 11 am - 1 pm	Lunch & Learn with Wendy 11 am - 1 pm Medication Review Kristen's Pharmacy	Craft with Rain 11 am - 1 pm	Exercise & Lunch 11 am - 1 pm	Shopping 10 am - 3 pm
Exercise & Lunch 11 am - 1 pm	Shopping 10 am - 3 pm	Craft with Rain 11 am - 1 pm	Exercise & Lunch 11 am - 1 pm Halloween Party with Healthy Babies, Healthy Children 1 pm – 3 pm	Coffee & Tea Social 11 am - 1 pm



October 2026

Monday	Tuesday	Wednesday	Thursday	Friday
			1 1:00 Hot Lunch 1:30 NA	2 Closed
5 2:00 Breathwork	6 1:00 Hot Lunch 1:30 NA	7 1:30 Healthy Talk	8 1:00 Hot Lunch 1:30 NA	9 1:00 Crafts
12 Closed	13 1:00 Hot Lunch 1:30 NA	14 1:30 Healthy Talk	15 1:00 Hot Lunch 1:30 NA	16 1:00 Crafts Take Back the Night Event
19 2:00 Breathwork	20 1:00 Hot Lunch 1:30 NA	21 1:30 Healthy Talk Human Trafficking Awareness Night 5-9 @ Rec Centre	22 1:00 Hot Lunch 1:30 NA	23 1:00 Crafts
26 2:00 Breathwork	27 1:00 Hot Lunch 1:30 NA	28 1:30 Healthy Talk	29 1:00 Hot Lunch 1:30 NA	30 1:00 Crafts



WELLNESS CENTRE
MENTAL HEALTH & ADDICTIONS TREATMENT
SAUGEEEN FIRST NATION

Available Daily:
Shower
Laundry
Peer Support
Counselling
Food
Referrals
Application Support

Address: 107 Cameron Dr
519-797-1918
Facebook: Saugeen First Nation
Wellness Centre

Open Monday-Friday
9:00-4:30

October 2026

SAUGEEN RECREATION CALENDAR

DATES & TIMES ARE SUBJECT TO CHANGE DEPENDING ON
AVAILABILITY AND COMMUNITY NEEDS



SHEENA KEWAGESHIG, RECREATION MANAGER
PHONE: 519-797-2781 Ext:2300 CELL: 519-372-4840
EMAIL: sheena.kewageshig@saugeen.org

TIFFANY KEWAGESHIG, TEMP CARA CO-ORDINATOR
PHONE: 519-797-2781 Ext:2301

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
				OPEN GYM 4:30-8:30PM	DULUTH DAY	
4	5	6	7	8	9	10
		DRUM SOCIAL 5:30-7:30PM PRIVATE BOOKING 7:30-9PM		OPEN GYM 4:30-8:30PM	SFN TURKEY CUP	SFN TURKEY CUP
11	12	13	14	15	16	17
PRIVATE BOOKING 1-9PM	THANKSGIVING	DRUM SOCIAL 5:30-7:30PM PRIVATE BOOKING 7:30-9PM		GOOD FOOD BOX 10AM-2PM OPEN GYM 4:30-8:30PM	REPTILE SHOW 1-4PM WALKING GROUP 1-2PM	PRIVATE BOOKING 11-3PM
18	19	20	21	22	23	24
		DRUM SOCIAL 5:30-7:30PM PRIVATE BOOKING 7:30-9PM		OPEN GYM 4:30-8:30PM	SON EO BOOKING	SON EO BOOKING
25	26	27	28	29	30	31
SON EO BOOKING		DRUM SOCIAL 5:30-7:30PM PRIVATE BOOKING 7:30-9PM		OPEN GYM 4:30-8:30PM	WALKING GROUP 1-2PM	

CARA invites you to

Drum Socials:

**Every Tuesday in October
from 5:30pm - 7:30pm**

LIGHT REFRESHMENTS
AVAILABLE
EVERYONE WELCOME!

**MORE INFORMATION, PLEASE
CONTACT: TIFFANY KEWAGESHIG
TEMP CARA COORDINATOR
519-797-2781 EXT 2301**



OPEN

Gym



**LIGHT REFRESHMENTS
EVERY THURSDAY IN OCTOBER**

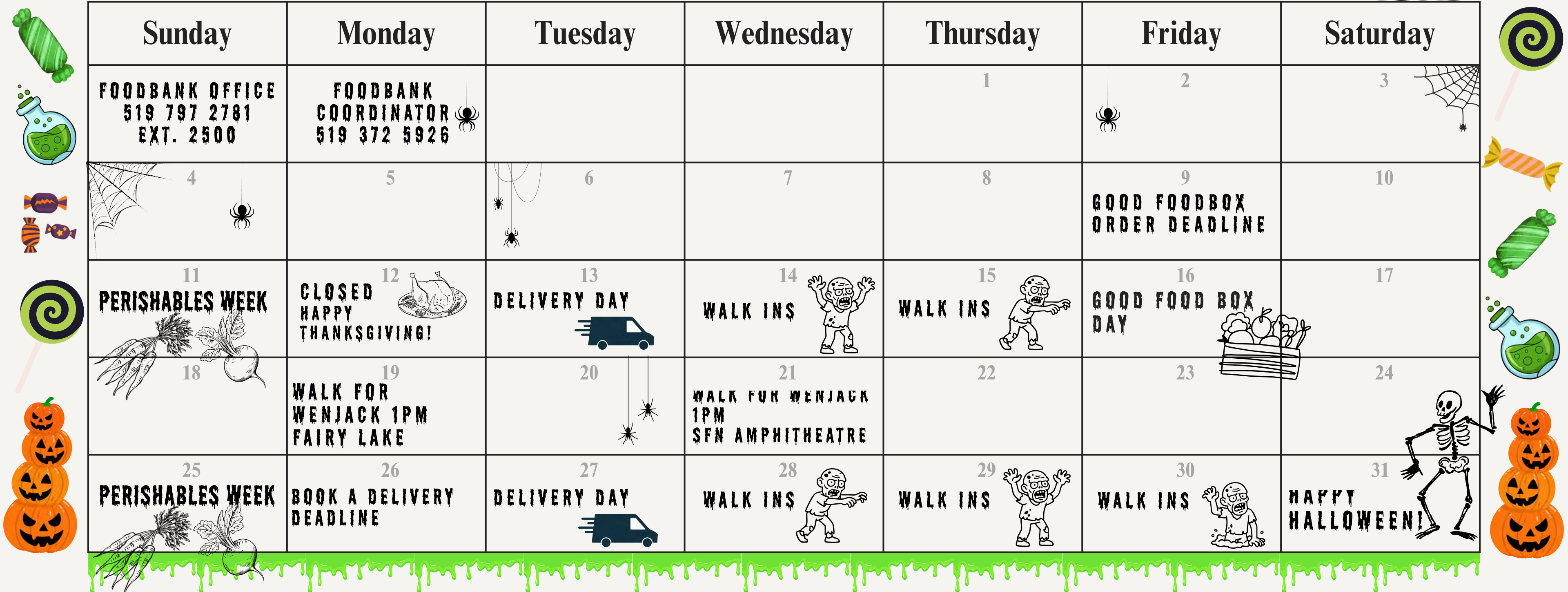
4:30PM - 8:30 PM

CONTACT: TIFFANY KEWAGESHIG, TEMP CARA COORDINATOR

519-797-2781 EXT: 2301



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
FOODBANK OFFICE 519 797 2781 EXT. 2500	FOODBANK COORDINATOR 519 372 5926			1	2	3
4	5	6	7	8	9 GOOD FOODBOX ORDER DEADLINE	10
11 PERISHABLES WEEK	12 CLOSED HAPPY THANKSGIVING!	13 DELIVERY DAY	14 WALK INS	15 WALK INS	16 GOOD FOOD BOX DAY	17
18	19 WALK FOR WENJACK 1PM FAIRY LAKE	20	21 WALK FOR WENJACK 1PM SFN AMPHITHEATRE	22	23	24
25 PERISHABLES WEEK	26 BOOK A DELIVERY DEADLINE	27 DELIVERY DAY	28 WALK INS	29 WALK INS	30 WALK INS	31 HAPPY HALLOWEEN!



YOU'RE INVITED TO
SARGEEN'S
HALLOWEEN CAULDRON

FRIDAY
OCTOBER 30TH

4PM-7PM

Join us for an afternoon of fun and fright
at the **Governance Building!**

Have a stroll through the Haunted Chambers!

And other frightful fun!

Hope to see you there!

We also will have info from departments on
upcoming events!

If you want to donate or help out, reach out
to the email below.

energy.champion@sargeen.org

Costumes are encouraged!



ELDERS AND YOUTH GATHERING



Walking Together: Honouring Our Past, Envisioning Our Future

**3 DAY EVENT
OCT 23-26**



**JAMES
MASON
MEMORIAL
CENTRE**

Join us for a 3-day event of intergenerational connection, cultural learning, and dialogue about the future of SON Territory.

Elders and youth will gather to share stories, teachings, experiences, and perspectives related to the stewardship, protection, and future development of SON Territory

**SEND COMPLETED REGISTRATION FORMS TO:
SHOSHANNA.OUTREACH@SAUGEENOJIBWAYNATION.CA**



Environment
Office

SAUGEEN OJIBWAY NATION YOUTH AND ELDERS GATHERING

WALKING TOGETHER, HONOURING OUR PAST,
ENVISIONING OUR FUTURE

October 23rd-
25th 2026
James Mason
Memorial
Cultural Centre

GATHERING OVERVIEW

The Saugeen Ojibway Nation (SON) Youth and Elders Gathering will provide a sacred, intergenerational space for youth and Elders to build connections, honour our shared history and collectively help shape the future of SON Territory. Rooted in understanding our past to guide our future, this gathering brings our two communities together to share stories, cultural teachings and diverse perspectives on land stewardship, sovereignty and development. Over the course of the weekend, participants will engage in traditional workshops, panel discussions and have conversations that encourage honest, reflective dialogue around our ongoing responsibilities to the lands and waters. Complemented by creative activities, shared meals and evening social celebrations like a formal gala with live entertainment and outdoor movie night. The weekend is designed to strengthen cultural identity, deepen relationships across communities and establish a clear, united vision for the future of our people and territory.

ELIGIBILITY CRITERIA

Before applying to be apart of the SON Youth and Elders Gathering please ensure that you meet the eligibility criteria for the gathering when filling out the rest of the registration package. If you meet the eligibility, please circle below which group and community you belong to.

- You are a SON Community Band Member
 - You are a Youth between the ages of 16-29 or an Elder 55+
 - If you are a Youth, you have parental permission to attend the gathering
- YOUTH ☐ ELDER ☐
- SAUGEEN ☐ NAWASH ☐

APPLICANT INFORMATION

FULL NAME _____ BIRTH DATE _____

CURRENT AGE _____ PHONE NUMBER _____

EMAIL _____ GENDER _____

EMERGENCY CONTACT INFORMATION

EMERGENCY CONTACT NAME _____

NUMBER _____ RELATIONSHIP _____

ALTERNATE NUMBER _____

PARENTAL CONSENT (IF APPLICABLE)

(Please have this section filled out if you are under the age of 18.)

PARENT/GUARDIAN NAME _____

RELATIONSHIP
TO PARTICIPANT _____ PHONE # _____

EMAIL _____

By signing here, I confirm that I am the parent or legal guardian of the youth participant named on this form, and I grant my full permission for them to attend and participate in the Youth and Elders Gathering

SIGNATURE _____ DATE _____

MEDICAL/ ALLERGY INFORMATION

Your safety and comfort are important to us. Please share any medical conditions, allergies or dietary needs so our event staff and catering team can properly care for you throughout the weekend.

MEDICAL CONDITIONS/ CONCERNS		
DIETARY RESTRICTIONS & FOOD ALLERGIES		

PROMOTIONAL CLOTHING SIZES

Please select your preferred apparel size below for your complimentary gathering shirt included in your thank you gift.

Small ☐	Medium ☐	Large ☐	XL ☐	XXL ☐	XXXL ☐	Other ☐
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TRANSPORTATION REQUESTS

Transportation support is available to ensure all participants can safely attend the gathering. Please let us know how you plan to travel so we can reserve your seat for bus transportation or if you need mileage reimbursement. Please circle which transportation help you need.

Bus Transportation ☐	Mileage ☐	Other/Not needed ☐
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CONSENT FOR PHOTO/AUDIO RELEASE

During the Youth and Elders Gathering, photos, videos, and media recordings will be taken throughout the event, including at sessions, workshops, and evening social activities. These images may be used by the Saugeen Ojibway Nation EO for community archives, promotional materials, recap videos, newsletters, and on official social media platforms.

By filling out this registration package I am granting permission for photos, video, and audio recordings of myself (or my youth) to be taken and used for promotional materials, social media, community archives, and print media.

COMMUNITY CODE OF CONDUCT & PARTICIPATION COMMITMENT

To ensure a safe, uplifting, and meaningful experience for all youth, elders, staff, and leadership, all participants are required to read and sign this agreement prior to attending.

- **I agree to treat all Elders, youth, community members, guest speakers and staff with kindness, dignity and respect. I will listen with an open heart and honor the diverse perspectives and stories shared throughout the weekend**
- **Substance Free Environment: I understand that this gathering is strictly a drug and alcohol free event. I agree not to bring, consume, or be under the influence of alcohol, recreational drugs, or illicit substances at any point during the gathering or on event grounds.**
- **Full Participation & Commitment: Spaces for this gathering are limited. By registering, I commit to fully attending and actively participating in all scheduled workshops, sessions and gathering activities for the entire weekend. I understand that missing sessions without prior notice takes away a valuable spot from another youth or Elder who wished to attend.**
- **Sacred & Cultural Space: I agree to respect all ceremonial protocols, drum groups, sacred items, and circle discussions, maintaining a safe environment for everyone present.**

By signing below, I confirm that I have read, understood, and agree to abide by the Gathering Code of Conduct and Participation Commitment. I understand that failure to adhere to these standards may result in being asked to leave the event.

Participant Name (Print): _____

Participant Signature: _____ Date: _____

PARENT / GUARDIAN ACKNOWLEDGMENT (FOR PARTICIPANTS UNDER 18)

I have reviewed the Code of Conduct with my youth. Both myself and my youth understand the expectations for participation, attendance and conduct during the gathering.

Parent/Guardian Name (Print): _____

Parent/Guardian Signature: _____ Date: _____



2026 WALK FOR WENJACK IN BRUCE COUNTY

September 27 in Kincardine at 1 p.m. — Gather at Station Beach

September 30 in Walkerton at 6 p.m. — Gather at Riverbend Park

October 19 in Southampton at 1 p.m. — Gather at Fairy Lake Pavilion

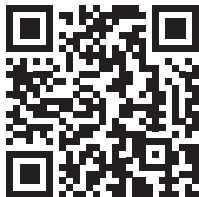
October 21 in Southampton at 1 p.m. — Gather at Saugeen First Nation Amphitheatre

Refreshments provided at each gathering.

SECRET PATH SCREENINGS

At the Bruce County Museum & Cultural Centre

www.brucecounty.ca/events



At Bruce County Public Library Branches

library.brucecounty.on.ca/what-s-happening/events-calendar



**Free Admission for all events. Donations gratefully accepted for the
Saugeen First Nation and Nawash Food Banks.**

For more information and updates, please visit: www.brucecounty.on.ca/DWF

Events hosted in partnership and proudly supported by:



Limitless opportunities. Meaningful work. Innovative energy.

Career Support

ONE-TO-ONE RESOURCE ASSISTANCE

Are you interested in learning about a career at Bruce Power?
Need help with your resume or applications to a program or Bruce Power job?

Please email **IndigenousEmployment@brucepower.com** to schedule a 30 or 60 minute session with a Bruce Power HR Representative the last Tuesday of every month (subject to change).

Saugeen Band Office

6 Cameron Drive
Southampton, ON

Last Tuesday of every month
(subject to change)

9:00 a.m. – 3:30 p.m.

You are encouraged to schedule a session; however, walk-ins are welcome if there is availability. We look forward to meeting you!



brucepower.com/careers

BrucePower™

SAUGEEN NEWS

Newsletter Deadline

November newsletter content due
October 23rd. Remember to spell check
before submitting content.

Justine.kaufman@saugeen.org